A COLOR OF ACTIVITY LEADERS, THE OPTICA MARK

WITH OUR OWN TEAM OF ACTIVITY LEADERS, THE MULTISPORTS OPTION OFFERS A WIDE RANGE OF SPORTS AND ACTIVITIES.

- ◆ 15 hours of English language tuition in multinational classes
- A total of 12 hours of multi-sports and activities in the afternoons
- Typical activities include: football, volleyball, tennis, art workshops, cricket, swimming, basketball and badminton
- A different combination of sports and activities each day, with plenty of time for socialising in the evenings and weekends

| SAMPLE PROGRAMME | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------------|--------------------------------|------------------------------------|-----------------------------|----------------------------|--|--|-----------------------------------|
| Morning 9.00-10.00 | Placement test new students | English | English | English | English | Excursion to London, Oxford, Windsor | Arrival day for new students |
| 10.00-11.00 | English | English | English | English | English | | Excursion to London, Longleat, |
| 11.00-11.30 | Break | Break | Break | Break | Break | | |
| 11.30-12.30 | English | English | English | English | English | | Thorpe Park |
| Lunch | | | | | | | |
| Afternoon | Tennis, arts, basketball | Volleyball, football, swimming, | Excursion: Cheddar Gorge | Swimming, arts, Uni-hoc | Badminton, football, table tennis | | |
| Dinner | | | | | | | |
| Evening | Video, volleyball, inflatables | Disco, swimming | Barbecue party, sports hall | Pop quiz, cinema trip | Murder mystery night (or talent show), bowling | Disco | Karaoke party |